## Resolution 15-03

A RESOLUTION OF THE BOARD OF TRUSTEES OF SPOKANE COUNTY LIBRARY DISTRICT, SPOKANE COUNTY, WASHINGTON, FORMALIZING THE DISTRICT'S WELLNESS PROGRAM; AND PROVIDING FOR OTHER MATTERS PROPERLY RELATING THERETO.

## SPOKANE COUNTY LIBRARY DISTRICT Spokane County, Washington

BE IT RESOLVED BY THE BOARD OF TRUSTEES OF SPOKANE COUNTY LIBRARY DISTRICT, SPOKANE COUNTY, WASHINGTON, as follows:

WHEREAS, Spokane County Library District, Spokane County, Washington (the "District") is a rural county library district duly organized and existing under and by virtue of the Constitution and the laws of the State of Washington;

WHEREAS, RCW 27.12.210(5) provides the Board of Trustees (the "Board") with exclusive control of the finances of the District;

WHEREAS, the Board is authorized under RCW 27.12.210(10) to do acts necessary for the orderly and efficient management and control of the library;

WHEREAS, since 2006, the District has offered voluntary wellness programs and activities that benefit its participants by promoting health and wellness through information, services, and programs; and

WHEREAS, the District recognizes that employee health is related to lifestyle choices, and many illnesses and injuries can be prevented by positive individual health practices; and

WHEREAS, the District further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities, can result in better morale, reduced absenteeism, and enhanced productivity and performance; and

WHEREAS, the improved fitness and good health of the District's employees is a benefit to our members through more productive employees, and as a prudent strategy for controlling healthcare expenditures;

NOW, THEREFORE, BE IT RESOLVED THAT the Board of Trustees of Spokane County Library District supports formulizing the "District's Employee Wellness Program," and provides that the program be sustained indefinitely unless cancelled by action of the Board of Trustees;

This resolution shall be effective immediately upon its adoption and approval.

ADOPTED by the Board of Trustees of Spokane County Library District, Spokane County, Washington, at a regular meeting thereof, held this 17th day of February, 2015.

SPOKANE COUNTY LIBRARY DISTRICT Spokane County, Washington

Mark Johnson, Chair Board of Trustees

**ATTEST** 

Manager Secretary to the Board of Trustees