

I HAVE LITERALLY NO IDEA HOW AND WHEN TO START THIS CONVERSATION.

# FAMILY CONVERSATIONS ABOUT RACE

IT'S OK IF YOU DON'T HAVE EVERYTHING FIGURED OUT, AND IT'S OK TO ASK FOR  
HELP OR MORE INFORMATION.



## 10 tips for teaching and talking to kids about race

by EmbraceRace with MomsRising



## A Family Guide to Talking About Race

[https://www.understandingrace.org/resources/pdf/family\\_guide.pdf](https://www.understandingrace.org/resources/pdf/family_guide.pdf)

## How Kids Learn About Race



What is implicit/unconscious bias? Which ones do I have? Explain that bias is a way your brain makes shortcuts to save time. We can have bias about all kinds of things, not necessarily negative or wrong. We have to be aware of what they are so we don't miss important information because of our biases.

ME

Who, Me? Biased?  
Recent Episodes



Let's talk about the look so we can see beyond it.

PSD: The Look

TEEN



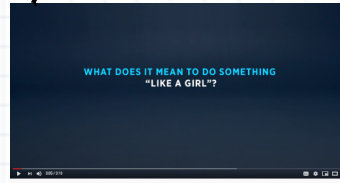
MTVACT.COM  
Look Different  
Look Different



Can These People See What's Wrong With This Picture?

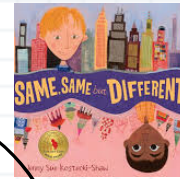
KID

I NEED AN INDIRECT  
WAY TO APPROACH  
THIS SUBJECT



OWNERS: B. J. JONES

LITTLE  
KIDS



a kids  
book  
about  
racism

by Jelani Memory

MY KIDS ARE  
INTERESTED IN  
SOCIAL JUSTICE



by Jelani Memory

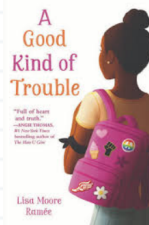
What things can we do as a family to stand up against racism?  
Listen to people of color. Speak up when you see injustice. Compile  
evidence of what you know.

ME

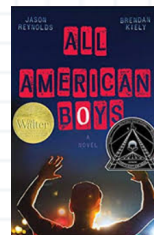
UPDATES ON WHAT'S  
GOING ON IN  
SPOKANE

NAACP  
SPOKANE

TEEN



Lisa Moore  
Retorte



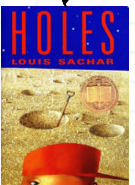
JACOB RITVOLOSKI  
BRUNDA KILBY

LITTLE  
KIDS

Instagram

hereweeread Follow

KID



LOUIS SACCHAR

how to  
be an  
ally

THE CONSCIOUS KID



SPEAKING UP



How to Have a Voice and Lean Into Conversations About Race | Amanda Kemp | TEDxWilmington



Does it still make sense to teach my kid about historic inequality? Will it give them wrong ideas? Research suggests that youth with who have a greater understanding of American history and its struggle with racial equality are better able to confront racism at present in their own lives when they encounter it.

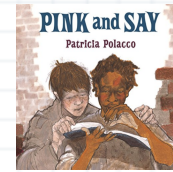
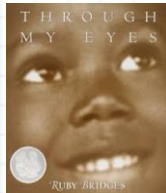
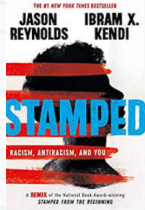
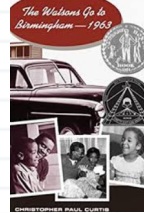
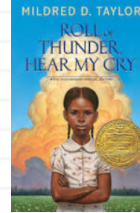
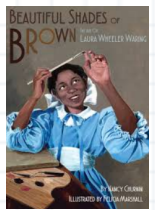
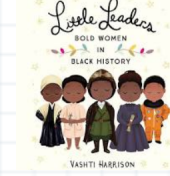
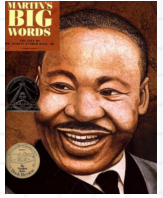
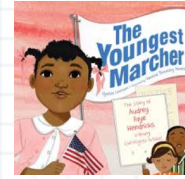
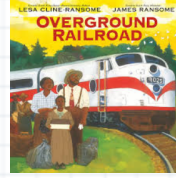
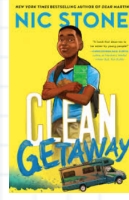
**LITTLE KIDS**

**ME**

**TEEN**

**KID**

15 Charts That Prove We're Far From Post-Racial  
By Braden Gandy and Alissa Scholer

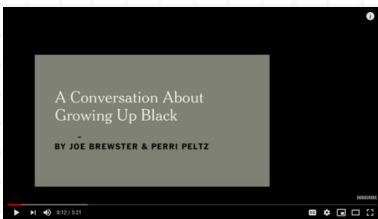


**ME**

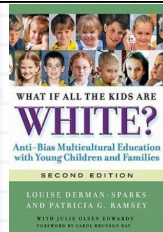
How do I prepare my kids for Black and white people navigating each other's spaces?

**KID**

**RECOGNIZING THE CHALLENGES**



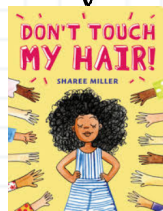
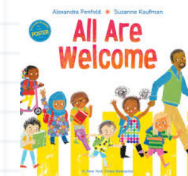
**STRATEGIES FOR POSITIVE INTERACTION**



**TEEN**



**LITTLE KIDS**





BEING BLACK IN A MAJORITY WHITE SPACE CAN BE EXHAUSTING, SPOKANE INCLUDED

Does race even have much to do with Spokane?  
Our city is 87% white. Actually, what's up with that?



## A SENSE OF BELONGING

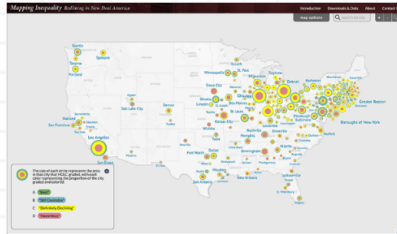
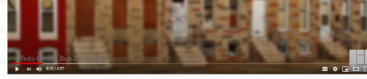
By Luis J. Garcia III



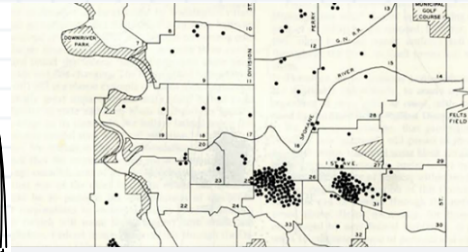
INLANDER.COM  
A Sense of Belonging: Diversity is exactly what makes our nation great

## Exposing Housing Discrimination

A Conversation with Marge Turner and Justin Carter



Mapping Inequality: Redlining in New Deal America  
1935-1940



THELOCALHISTORY.COM  
Mapping Segregation: Racially Restrictive Covenants in Spokane - The Local History

## HOUSING SEGREGATION IN EVERYTHING

NPR  
Housing Segregation and Redlining in America: A Short History | NPR

How do I expose my kids to more casual diversity in a majority white city?

ME

TEEN

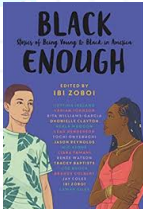
KID

LITTLE KIDS

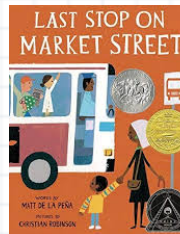
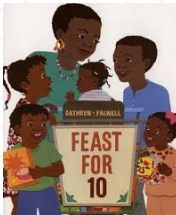
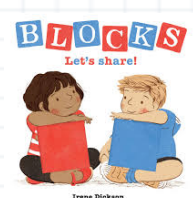
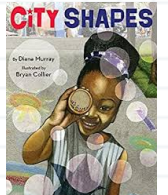
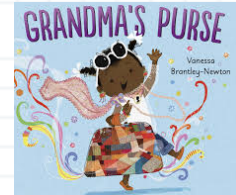
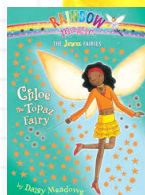
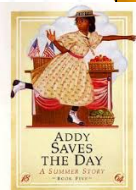


BOOK BUTLER

SCLD.ORG  
Book Butler - Spokane County Library District

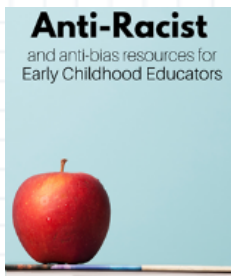


#1 NEW YORK TIMES  
BESTSELLING AUTHOR  
NICOLA YOON



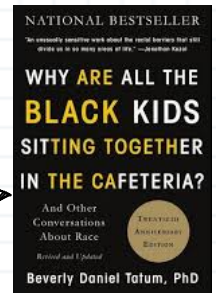
IF YOUR KID LOVES A SERIES, CHECK TO SEE IF THERE ARE ANY POC CHARACTERS





NOTIMEFORFLASHCARDS.COM  
Anti-Racist Resources for Early Childhood Educators - No Time For Flash Cards

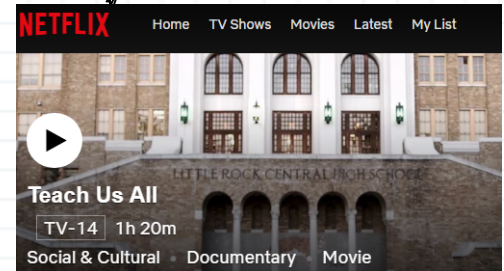
I want to know more about how education and racial justice are linked.



THISAMERICANLIFE.ORG  
The Problem We All Live With - Part One - This American Life  
There's one thing that has been proven to cut the achievement gap between...



METROTIMES.COM  
How Detroit students made a federal case out of the city's broken schools



I want to understand the inequality in our justice system. (Am I even allowed to do that if my loved one is a police officer?) Yes! Problems in our justice system often go way beyond whether an officer or an entire PD are good people

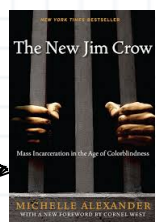
ME

INTERACTIONS WITH POLICE



Having 'The Talk': Expert Guidance On Preparing Kids For Police Interactions  
August 27, 2019  
ARIONNE NETTLES MONICA ENG  
FROM WBEZ91.5  
8-Minute Listen

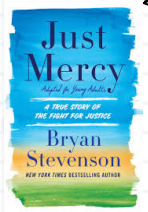
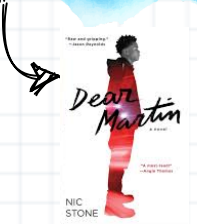
HOW RACISM SHAPES LAWS AND WHO GOES TO PRISON



RESPECTFUL DIALOGUE ABOUT PROTESTORS AND POLICE IN SPOKANE

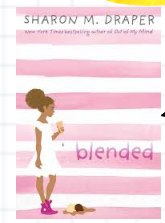


TEEN



JUST MERCY  
2019 | MPAA Ratings: PG-13  
★★★★★ 76,691  
Prime Video  
From \$5.99 to rent  
From \$19.99 to buy

KID



LITTLE KIDS



- **What is implicit/unconscious bias? Which ones do I have?**

Me:

- ★ Who, me, biased? New York Times video series  
<https://www.nytimes.com/video/who-me-biased>
- ★ Harvard's Project Implicit <https://implicit.harvard.edu/implicit/>
- ★ YouTube, The Look <https://youtu.be/aC7lbdD1hq0>

Teens:

- ★ Can These People See What's Wrong With This Picture?  
[https://www.youtube.com/watch?time\\_continue=43&v=8vUi2RAuiO4](https://www.youtube.com/watch?time_continue=43&v=8vUi2RAuiO4)
- ★ Look Different <https://www.mtvact.com/features/Look-Different>

Kids:

- ★ Eye of the Storm Jane Elliot 1970  
<https://www.youtube.com/watch?v=6gi2T0ZdKVc>
- ★ Like A Girl  
<https://www.youtube.com/watch?v=XjJQBjWYDTs&feature=youtu.be>

- **What things can we do as a family to stand up against racism?**

Me:

- ★ How to Have a Voice and Lean Into Conversations About Race, Amanda Kemp <https://www.youtube.com/watch?v=IF--2vGj7Tg>
- ★ NAACP newsletter <https://naacpspokane.org/>
- ★ Peace and Justice and League <http://pjals.org/>

Kids:

- ★ The Conscious Kid, How To Be An Ally  
<https://www.theconsciouskid.org/how-to-be-an-ally>



- **Does it still make sense to teach my kid about historic inequality? Will it give them wrong ideas?**

Me:

- ★ 15 Charts That Prove We're Far From Post-Racial  
[https://www.huffpost.com/entry/civil-rights-act-anniversary-racism-charts\\_n\\_5521104](https://www.huffpost.com/entry/civil-rights-act-anniversary-racism-charts_n_5521104)

- **How do I prepare my kids for Black and white people navigating each other's spaces?**

Me:

- ★ A Conversation About Growing Up Black  
<https://www.youtube.com/watch?v=rSAw51caEeg>
- ★ Raising a black son in America  
[https://www.ted.com/talks/clint\\_smith\\_how\\_to\\_raise\\_a\\_black\\_son\\_in\\_america/discussion?referrer=playlist-talks\\_to\\_help\\_you\\_understand\\_r](https://www.ted.com/talks/clint_smith_how_to_raise_a_black_son_in_america/discussion?referrer=playlist-talks_to_help_you_understand_r)
- ★ A Conversation With White People On Race  
<https://www.youtube.com/watch?v=xXow7oIFyIM>
- ★ Seeing Color, Uncomfortable Conversations With A Black Man  
<https://www.youtube.com/watch?v=xfo1XJDJKSU>

- **Does race even have much to do with Spokane? Our city is 87% white. Actually, what's up with that?**

Me:

- ★ A Sense of Belonging: Diversity is exactly what makes our nation great, Luc Jasmin III  
<https://www.inlander.com/spokane/diversity-is-exactly-what-makes-our-nation-great/Content?oid=19976354>
- ★ Exposing Housing Discrimination: A Conversation with Marge Turner and Justin Carter. Urban Institute: Elevate The Debate.

October 5, 2015. <https://www.urban.org/features/exposing-housing-discrimination>

- ★ Take a look at the 1938 Residential Security Map for Spokane. Who was allowed to live where you live now?  
<https://dsl.richmond.edu/panorama/redlining/#loc=5/39.1/-94.58&text=downloads>
- ★ Camporeale, Logan. "Mapping Segregation: Racially Restrictive Covenants in Spokane." The Local History, 6 October 2016.  
<http://thelocalhistory.com/interesting-bits/mapping-segregation-racially-restrictive-covenants-in-spokane/>
- ★ How 1930's Discrimination Shaped Inequality In Today's Cities  
<https://ncrc.org/how-1930s-discrimination-shaped-inequality-in-todays-cities/>
- ★ Housing Segregation and Redlining in America: A Short History | NPR <https://youtu.be/O5FBJyqfoLM>

- **How do I expose my kids to more casual diversity in a majority white city?**

Me:

- ★ Find events with Spokane Community Against Racism (SCAR)  
<https://www.scarspokane.org/>
  - ★ Get regular recommendations from librarians using Book Butler  
<https://www.sclld.org/book-butler/>
- 
- **I want to know more about how education and racial justice are linked.**
  - ★ Anti-Racist Resources For Early Childhood Education  
<https://www.notimeforflashcards.com/2020/06/anti-racist-resources-for-early-childhood-educators.html>



- ★ The Problem We All Live With, This American Life  
<https://www.thisamericanlife.org/562/the-problem-we-all-live-with-part-one>
- ★ How Detroit students made a federal case out of the city's broken schools  
<https://www.metrotimes.com/detroit/how-detroit-students-made-a-federal-case-out-of-the-citys-broken-schools/Content?oid=5391880>

- **I want to understand the inequality in our justice system. (Am I even allowed to do that if my loved one is a police officer?)**

Me:

- ★ Black Parents Explain How To Deal With The Police  
<https://youtu.be/coryt8IZ-DE>
- ★ Let's get to the root of racial injustice | Megan Ming Francis | TEDxRainier  
<https://youtu.be/-aCn72iXO9s>
- ★ Having 'The Talk': Expert Guidance On Preparing Kids For Police Interactions  
<https://www.npr.org/local/309/2019/08/27/754459083/having-the-talk-expert-guidance-on-preparing-kids-for-police-interactions>
- ★ A talk between NAACP and Spokane Police  
[https://youtu.be/JhU3G1MEv\\_E](https://youtu.be/JhU3G1MEv_E)