



Dementia Friends Evaluation

Thank you for attending the Dementia Friends Session and for becoming a Dementia Friend! Please answer the following questions based on the session. *If you have already become a Dementia Friend online, please do not go any further to help keep our count of registered Dementia Friends accurate.*

Name (optional): _____ Zip Code: _____

1. My awareness has increased about Alzheimer's and other types of dementia.

- Strongly Disagree
- Disagree
- Neither Agree nor Disagree
- Agree
- Strongly Agree

Please Explain:

2. I feel more confident/equipped as a community member to recognize the signs and offer support to a person living with dementia who is trying to navigate in the community.

- Strongly Disagree
- Disagree
- Neither Agree nor Disagree
- Agree
- Strongly Agree

Please Explain:

3. I am inspired to offer support and be a friend to people living with dementia in my community.

- Strongly Disagree
- Disagree
- Neither Agree nor Disagree
- Agree
- Strongly Agree

Please Explain:

4. I am likely to adopt dementia friendly practices in my personal or professional life.

- Strongly Disagree
- Disagree
- Neither Agree nor Disagree
- Agree
- Strongly Agree

Please Explain:

Please tell us how you are going to turn your understanding of dementia into a practical action. Every action counts. Choose one or more actions.

As a Dementia Friend I am committing to:

- Getting in touch and staying in touch with someone I know living with dementia
- Supporting dementia friendly efforts in my community
- Starting a dementia friendly effort in my community
- Volunteering for an organization that helps people with dementia
- Campaigning for change, e.g. by participating in local advocacy events
- Encouraging friends to become Dementia Friends
- Carrying out a personal action e.g. being more patient when out in my community
- Volunteering to participate in a clinical trial
- Adopting 1 or more dementia friendly practices in my personal or professional life
- Asking my doctor for cognitive assessment during my annual physical exam
- Other: