

OTHER SUPPORTIVE SERVICES

Aging & Long Term Services & Supports	800-422-3263
Assistive Technology	800-214-8731
Developmental Disabilities	800-462-0624
Hearing Aid Assistance	328-6900
Lilac Services for the Blind	328-9116
Lutheran Community Services	747-8224
Mental Health Support (NAMI)	838-5515
Parkinson's Resource Center	443-3361
Red Cross	326-3330
Retired and Senior Volunteer Program (RSVP)	344-7787
Salvation Army	325-6821
Veterans Affairs	800-827-1000
Volunteer Chore Services	459-6172
WA State Dept Services for the Blind	456-4458
Spokane County Veterans Services	477-3690

Aging & Long Term Care of Eastern Washington

1222 N. Post St. | Spokane, WA 99201
TEL 509-458-2509 | FAX 509-458-2003
action@altcew.org | www.altcew.org

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No person shall be excluded from participation in, be denied the benefits of, or employment in, or otherwise be subjected to discrimination under any ALTCEW program or activity on the grounds of race, color, creed, national origin, religion, sex, age, marital status, Vietnam era or disabled veteran's status, or the presence of any sensory, mental, or physical handicap.

02/03/2020



Spokane County Information, Referral & Assistance in Spokane County



509-960-7281 | www.altcew.org

ADVOCACY. ACTION. ANSWERS.

COMMUNITY LIVING CONNECTIONS PARTNERS



Aging & Long Term Care of Eastern Washington People needing long-term service and support	509-458-2509
Alzheimer's Association, WA State Chapter Families with Alzheimer's and related dementias	800-272-3900
Avista Utilities Billing and payment options; assistance and referrals	800-227-9187
Catholic Charities Spokane Low income elders and people with disabilities	509-358-4250
CHAS Health Quality Healthcare in your neighborhood	509-444-8200
Disability Action Center People with disabilities (S.E. WA and Northern ID)	800-475-0070
Frontier Behavioral Health/Raschko Branch Elders, people with disabilities, and their caregivers	509-458-7450
Long Term Care Ombudsman/SNAP Elders and people with disabilities in licensed long-term care facilities	509-456-7133
Rural Resources Community Action Elders, people with disabilities, and caregivers	800-873-5889
Spokane Center For Independent Living People with disabilities	509-326-6355
Volunteers of America of Eastern WA & North Idaho Homeless veterans	509-624-2378

Regional Crisis Line 1-877-266-1818

For more listings, visit www.waclc.org

EMPLOYMENT

AARP Senior Community Service Employment	325-7712
Dept Vocational Rehabilitation	363-4700
Worksource Spokane	532-3120
Home Care Referral Registry	458-2509
Skills 'Kin	326-6760
SSI/SSDI Employment	866-968-7842

HEALTH/MEDICAL/DENTAL

CHAS	444-8200
Frontier Behavioral Health	838-4651
Kindred at Home	473-4900
Hospice of Spokane	456-0438
N.A.T.I.V.E Health of Spokane	483-7535
Providence Adult Day Health	482-2475
Providence Health Services	855-359-6321
Spokane County Medical Society Health District	325-5010 324-1500
Visiting Nurses Association	534-4300

HOME/HOUSING

Adult Family Home/Out-of-Home Placement	568-3700
Adult Family Home Complaints	800-562-6078
Block Watch	625-3300
NE WA Housing Authority	328-2953
Northwest Fair Housing	325-2665
Nursing Home Placement	568-3700

Residential Care Services (DSHS)	323-7300
Spokane Indian Housing Authority	509-818-1460

Spokane Neighborhood Action Partners (SNAP)	456-7111
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IN-HOME CARE SERVICES

A Aging Better In-Home Care	464-2344
Addus Health Care	326-1090
Beneficial In-Home Care Inc.	323-0390
Chesterfield Services	326-4655
Family Resource Home Care	473-4949
Havenwood	535-1546
Home and Community Services/ Medicaid In Home Intake	568-3700
ResCare of Washington	847-0300
Spokane Tribe of Indians	458-6500
Volunteer Chore	459-6172

INTERPRETER SERVICES

NEXUS	
Inland NW Voice / TTY	800-214-3323 or 328-9220 328-3728
Spokane International Translation	327-8064

If you suspect abuse, neglect, or exploitation of a vulnerable adult

(1-800-459-0421)

LEGAL/CONSUMER CONCERNS

AARP Volunteer Income Tax Assistance	888-227-7669
Attorney General	456-3123
Better Business Bureau	455-4200
Center For Justice	835-5211
CLEAR Senior Legal Services	888-387-7111
Crime Check	456-2233
Crime Stoppers	800-222-8477
Disabled Parking Permits	477-2222
Disability Rights	800-562-2702
DSHS/Nursing Home Patient Complaints	800-562-6078
Free Consumer Credit Counseling Taxpayer Assistance	800-829-1040
Legislative Hotline	800-562-6000
Medicaid Eligibility	800-562-3022
Medicaid Fraud	800-562-6906
Medicare	800-MEDICARE (800-633-4227)
Money Management International	8 00-308-2227
Office of the Insurance Commissioner	800-562-6900
Property Tax Exemption	477-5754
Social Security Administration	800-772-1213
Spokane County Guardianship	477-2622
Statewide Health Insurance Benefits Advisors (SHIBA)	800-562-6900
University Legal Assistance	313-5791

NUTRITION

Greater Spokane County Meals on Wheels	924-6976
Second Harvest Food Bank	534-6678
Senior Nutrition Program Info	924-6976

SENIOR COMMUNITY CENTERS

Airway Heights Community Center	244-4845
American Indian Community Center	535-0886
Corbin Senior Activity Center	327-1584
Deer Park Senior Center	276-2411
East Central Community Center	868-0856
Hillyard Senior Center	482-0803
Mid-City Senior Center	747-3257
Southwest Spokane Community Center	624-8634
Sinto Senior Activity Center	327-2861
Southside Senior Activity Center	535-0803
Spokane Valley Senior Center	926-1937
West Central Community Center	326-9540

TRANSPORTATION

Catholic Charities (volunteers)	459-6171
Special Mobility Services (SMS)	
Local Bus Transit	534-7171
Medicaid Medical Appointments	534-9760
Hearing Impaired TDD	534-8566
Spokane Transit Authority (STA) Paratransit	328-1552
Bus Passes/ Schedule Info	328-RIDE (328-7433)
Hearing Impaired TDD	327-6055
Veterans Administration	434-7019