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S P O K A N E C O U N T Y L I B R A R Y D I S T R I C T

## Library programs for adults feature wellness, Asian American Heritage, nonprofits, Hamilton trivia

**Spokane, WA | April 21, 2022** – Spokane County Library District announces its lineup of 13 library programs for adults, businesses, and nonprofits during May. Programs include wellness, Asian American and Pacific Islander heritage, digital resources for businesses, sustainable nonprofits, Medicare, and “Hamilton” trivia.

**Prevention Plus Wellness: Vaping**

*Parents can sign up youth ages 10–14*

CHENEY LIBRARY: Tuesday, May 17, 6:30–7:30pm

AIRWAY HEIGHTS LIBRARY: Tuesday, May 24,  
6:30–7:30pm

**Learning Circle: The Science of Well-Being**

ONLINE: Tuesdays, May 3–24, 6:30–8pm

**Sumi-e Painting**

MORAN PRAIRIE LIBRARY: Monday, May 9, 6–7:30pm

ARGONNE LIBRARY: Monday, May 16, 6–7:30pm

**Origami Storytelling**

ONLINE: Tuesday, May 17, 6:30–7:30pm

**Asian Americans 101: The Complexity & Diversity of  
Asian American Experiences**

*Online & in person simultaneously*

ONLINE: Wednesday, May 18, 6:30–7:30pm

SPOKANE VALLEY LIBRARY: Wednesday, May 18,  
6:30–7:30pm

**Business Resources Overview**

ARGONNE LIBRARY: Wednesday, May 4, 6–7pm

**SCORE Workshop: Building a Sustainable Nonprofit**

ONLINE: Thursday, May 19, 12–1:30pm

**Master Gardeners Plant Clinic**

CHENEY LIBRARY: Friday, May 6 & 20, 1–5pm

**Library of Things: The Digital Multimeter**

THE LAB AT NORTH SPOKANE LIBRARY: Wednesday,  
May 11, 6–7:30pm

**STARS: Toddler Math & Literacy**

ONLINE: Saturday, May 14, 10am–12pm

**SHIBA & Senior Medicare Patrol: Help Stop Fraud**

ONLINE: Tuesday, May 17, 12–1pm

ARGONNE LIBRARY: Monday, May 23, 12–1pm

**Picture Book Chat**

ONLINE: Wednesday, May 18, 1–2pm

**Trivia: Hamilton**

ONLINE: Wednesday, May 25, 6:30–7:30pm

To sign up and learn more about these programs, visit [www.sclcd.org/adults-may-2022](http://www.sclcd.org/adults-may-2022).

*Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 11 libraries throughout Spokane County that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, Spokane Valley, and The BookEnd. District library cards are free to Spokane County residents.*

For more information on our libraries or programs, please visit [www.sclcd.org](http://www.sclcd.org) or call 509.893.8200.

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