

## SPOKANE COUNTY LIBRARY DISTRICT

## January library events include self-care, gardening, genealogy, cooking, STEM, and more

*Spokane, WA | December 26, 2023* – Spokane County Library District (SCLD) announces the events, workshops, and activities happening in January at its libraries and online.

Those with self-care as a resolution can start the year by making an herbal tub sachet and learning about ways to unwind, relax, and take care of themselves during the online program: **The Science of Self-Care**. They can also sign up for the in-person **New Year Self-Care Retreat**, which is also offered in Spanish: **Retiro de autocuidado: Recibiendo el año nuevo**.

For anyone thinking about sprucing up their houseplant collection, the **Indoor Plant Swap** is a great way to find something new. Also, Master Gardener Steve Nokes shares the proper ways for **Pruning & Planting Fruit Trees**. Adults and teens can prepare for spring gardens while growing their technical skills during **3D Printing: Micro-Seed Starter Pots**.

Other workshops and events for exploring a favorite hobby or new interest include **Sing Along with Just Plain Darin**, **World Cooking: Colombian Food**, **Genealogy Drop-in Sessions**, and **Fix It Together**.

The first ever **LEGO Stop-Motion Movie Screening & Celebration** takes place on Saturday, January 20, 4:15–5:45pm at Spokane Valley Library (22 N Herald Rd). See what creators of all ages from the region have put together to share with us.

If starting a business is top of mind, the **How to Start a Business** workshop presented by a SCORE business mentor will help you explore business startup considerations, including questions about legal issues, taxes, insurance, and funding.

Learn more about these library events for adults and businesses at www.scld.org/jan-adults-events.

Early learners can explore colors during the **Play with Color** activities. Kids in grades K–5 can **Make Cozy Crafts**, such as a fleece scarf. STEM (science, technology, engineering, math) activities and learning include LEGO building, **Grossology**, and programming and coding activities. Teens are planning a library event during **Teen Leadership Council** as well.

For more information about these January programs for kids and teens, visit <u>www.scld.org/jan-kids-events</u>.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries throughout Spokane County that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries or programs, please visit <u>www.scld.org</u> or call 509.893.8200.