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S P O K A N E C O U N T Y L I B R A R Y D I S T R I C T

Spoiled for choice: February library events aplenty

Spokane, WA / January 18, 2024 – Spokane County Library District announces the jam-packed lineup of events at its libraries for adults, businesses, families, kids, and teens.

Adults can explore different cultures and learn about history during **World Cooking: Puerto Rican Food, People of the Movement: Oral Storytelling Through Voice, Song & Gesture, African American Quilt History: Folk Art to Modern Art & Everything in Between, and Learning Circles: Meet Our Neighbors: History & Culture of Ukraine.**

They can also discover the natural history that shaped the Channeled Scablands and Spokane Aquifer, during presentations from the **Ice Age Floods Institute.**

February gardening workshops look at orchids, pollinators, soil science, and birds. Technology programs include **Experience Virtual Reality** and **Podcast Publishing.**

A discussion session with **INW Dyslexia Alliance** offers people the chance to get their questions about dyslexia answered. **Tuesday Memory Cafés** offer support and activities for caregivers and those experiencing memory loss. Older adults can learn strategies and exercises to help increase their activity and identify environmental adjustments to reduce risk factors for falling during **A Matter of Balance: Preventing Falls.** Learn more about the above events at www.sclcd.org/adults-feb-events.

Free AARP Tax Aide offers help preparing and filing federal income taxes. Appointments are available at Argonne, Cheney, Moran Prairie, and Spokane Valley Libraries. Learn more at www.sclcd.org/tax-aide.

During the SCORE Business workshop **How to Negotiate Without Freaking Out**, learn 12 negotiating tips to help save (or make more) money in business and personal life. To learn more and sign up, visit www.sclcd.org/business-events.

Everyone is encouraged to create and submit art during the month of February for the annual **Community Art Show.** The theme is “Through a Window,” and artists must use the special clear acrylic “canvas” supplied by libraries (quantities are limited). Learn more at www.sclcd.org/art-show.

Families and kids of all ages have a lineup of fun events and activities to choose from, including **Play & Learn Storytime, Play with Science, Reading & Art: They All Saw a Cat, Ciencia: Cohetes / Science in Spanish: Rockets, LEGO Free Play,** and other STEM activities. To learn more and sign up, visit www.sclcd.org/kids-feb-events.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit www.sclcd.org or call 509.893.8200.

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