

Jane Baker, Communication & Development Director jbaker@scld.org | 509.893.8205 | 509.904.6821

SPOKANE COUNTY LIBRARY DISTRICT

Create, volunteer, explore, discover with August library programs for adults

Spokane, WA | July 22, 2025 – Spokane County Library District (SCLD) announces the August lineup of programs, workshops, and events with over two dozen opportunities for adults. Some programs have a limited number of spots and require registration, so sign up soon.

Volunteering to Make an Impact

Volunteers can help children improve their reading skills and gain confidence as a reader this fall when attending the online **Reading Buddy Volunteer Orientation** (adults & teens 16+).

SCLD Online Authors Series

The <u>SCLD Online Authors Series</u> brings you engaging author talks in August. Sign up to watch these authors and thought leaders live and to ask questions: <u>Smithsonian Biologist Jay Falk</u>, <u>bestselling author Casey McQuiston</u>, and <u>Organizational Psychologist Dr. Tasha Eurich</u>. Recorded talks are available 24 hours after the live event to watch at your convenience.

Creative Programs

During <u>Outdoor Painting Meetup: Waterfall & Pond</u>, participants can immerse themselves in nature and paint or draw in the open air. This program is offered in collaboration with Inland Northwest Outdoor Art.

Explore how to use the library's Glowforge, Cricut, and sewing machines and other equipment during Maker Open Hours in The Lab (adults & teens 16+). Sign up or drop in for these other creative activities as well: Making Pressed Meadow Flowers, Cookie Decorating, Fly Tying for Beginners (adults & teens 16+), and Collaborative Community Painting.

Nature, Outdoors & Survival

The Lands Council leads a <u>Tree Identification Walk</u> in the Dishman Hills Natural Area and shares the fundamentals of determining tree species. During the <u>Medical Lake Geology Walk & Water Sampling</u> (adults, teens & tweens), explore the beauty of nature and help as a citizen scientist.

Two classes offer the basics of survival, led by <u>Charlie Bouck</u>, former U.S. Air Force Survival Instructor: Introduction to Wilderness Survival in the Inland Northwest and Introduction to Urban Survival.

Health, Wellness & Support

Learn strategies needed to set realistic goals for increasing activity and identifying environmental adjustments to reduce risk factors during <u>A Matter of Balance: Preventing Falls</u>, an eight-session program starting August 4 at Moran Prairie Library.

<u>Memory Café</u> sessions continue at North Spokane and Spokane Valley Libraries for caregivers and those experiencing memory loss. Get the information you seek during <u>Dementia Friends Sessions</u> and <u>Dementia Caregivers Workshops</u>.



CONTACT

Jane Baker, Communication & Development Director jbaker@scld.org | 509.893.8205 | 509.904.6821

SPOKANE COUNTY LIBRARY DISTRICT

Other helpful offerings include <u>Medicare sessions</u>, <u>seminars for home buyers</u>, the <u>DSHS Mobile</u> Community Services Visit, and the CHAS Mobile Clinic.

Career & Business

Get help from expert career coaches who can give you personalized career guidance and support during **WorkSource Drop-In Help**. Refine your resume, enhance your job-search strategies, or explore new career opportunities. Plus, discover the blueprint for crafting the ultimate marketing strategy in the online webinar **Marketing Strategies for Small Business Success**.

To view all SCLD events, visit scld.org/events.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit scld.org or call 509.893.8200.

###