

Jane Baker, Communication & Development Director jbaker@scld.org | 509.893.8205 | 509.904.6821

# SPOKANE COUNTY LIBRARY DISTRICT

# July library programs offer live music, movies in the park, nature walks, and more

**Spokane, WA | June 17, 2025** – Spokane County Library District (SCLD) announces the July lineup of programs and events at our libraries and in the community offer a variety of things to do for adults.

## **Creativity & Entertainment**

Explore your creativity during our <u>Outdoor Painting Meetups</u>, <u>Cookie Decorating</u> with watercolor effects, and <u>Maker Open Hours at The Lab</u>.

Enjoy live music for all ages during <u>Plaid Cat in Concert</u> at Sutton Park in Cheney. Bring all your family and friends to Spokane Valley for <u>Movie Nights at Balfour Park</u>, featuring <u>Moana 2</u>, <u>Monsters, Inc.</u>, and <u>Top Gun</u> (1986).

#### **Nature & Gardening**

Discover more about nature and expand your knowledge of trees at the <u>Tree Identification Walk: Indian Painted Rocks</u>. Spots are limited for each walk this summer, so be sure to sign up soon. Get helpful advice for any garden issues as well as useful ideas to implement during the <u>WSU Extension Master</u> <u>Gardeners Plant Clinic</u>.

#### **Jobs, Careers & Nonprofits**

During <u>WorkSource Drop-In Help</u>, expert career coaches offer personalized help with your job search and career path choices. If starting a nonprofit is something you've been thinking about, be sure to sign up for <u>Making a Lasting Difference</u>: <u>Building a Sustainable Nonprofit</u>, an online workshop led by a SCORE Spokane mentor.

#### **SCLD Online Authors Series**

Finish up the month of July strong with an author talk: On the Strangeness and Wonder of Our Brains with Pria Anand. Anand, neurologist and author, chats about her new book The Mind Electric: A Neurologist on the Strangeness and Wonder of Our Brains. The Mind Electric speaks to the stories we tell ourselves about our brains and the stories that our brains tell us. Sign up today to attend the live, online event.

## **Health, Wellness & Support**

Drop by the <u>CHAS Mobile Clinic</u> to get medical referrals, prescription refills, and treatment of acute injury and illness.

When Medicare is top of mind or the options are confusing, find clarification with the help of Medicare educators during <u>Medicare: Getting Started</u> and <u>Medicare One-on-One Counseling</u>.

Gain information during the <u>Dementia Friends Session</u> about how you can help make your community more dementia friendly.



#### CONTACT

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Attend our **Dementia Caregivers Workshops** to learn more about topics that are useful for caring for those with dementia, including **Communicating Effectively** and **Responding to Dementia-Related Behaviors**.

Attend a <u>Memory Café</u> for both caregivers and those experiencing memory loss. Activities include music, crafts, and more. These sessions are a comfortable way to connect with other caregivers and people experiencing memory loss while also socializing and building new support networks.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit <u>scld.org</u> or call 509.893.8200.

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