

Jane Baker, Communication & Development Director jbaker@scld.org | 509.893.8205 | 509.904.6821

SPOKANE COUNTY LIBRARY DISTRICT

June library events offer a mix of creative, outdoor, informational programs

Spokane, WA | May 15, 2025 – Spokane County Library District (SCLD) announces library events for adults in June with a variety of topics to explore.

Authors & Books

Explore Unexpected Twists and Turns with Bestselling Author Lisa Jewell. Along with an introduction to her newest bone-chilling, psychological thriller **Don't Let Him in**, Jewell will chat about her life as a writer and her critically acclaimed body of work.

Discover books that children will enjoy during <u>Picture Book Chat</u>. Librarians Mary Ellen and Sheri discuss wonderful new books for toddlers, preschoolers, and emergent readers.

Creative & Inspiring

Sign up for **Blacksmithing** to learn how to use various tools to heat and transform steel into useful objects and practice basic blacksmithing techniques.

Adults and teens can get creative while using technology during <u>3D Printing: Create Your Own Spinner</u> at Spokane Valley Library. <u>Maker Open Hours in The Lab</u> at North Spokane Library is a great time to explore engaging, hands-on learning opportunities within <u>that space</u>.

Bring art supplies to an <u>Outdoor Painting Meetup</u> to paint or draw in the open air. Experienced artists will be on hand to help guide new artists through the process of creating art while in nature.

Gardening & the Outdoors

During the <u>WSU Extension Master Gardeners Plant Clinic</u> at Cheney Library, get help with a wide variety of horticulture issues, including plant selection, installation, and maintenance; plant problem diagnosis and treatment; environmentally sound gardening practices; pest identification and management; and effective landscaping practices.

Explore common trees in the region and learn ways to identify them with guides from The Lands Council during a <u>Tree Identification Walk</u>. Learn how to use the iNaturalist app to identify flora and fauna at <u>Nature in the Neighborhood: Bear Lake Regional Park</u>.

Health, Wellness & Support

The next sessions for <u>A Matter of Balance: Preventing Falls</u> start in June at North Spokane Library. Discover how gentle movement can increase flexibility, strength, and balance and how a shift in viewpoint can make falls more controllable.

<u>Medicare sessions</u> at SCLD libraries and online include one-on-one help, overview sessions, and preventing fraud and abuse. <u>CHAS Mobile Clinic</u> will be at Spokane Valley Library, providing services for all ages, such as medication refills, wound care, and referrals for primary care, specialists, and lab draws.



CONTACT

Jane Baker, Communication & Development Director jbaker@scld.org | 509.893.8205 | 509.904.6821

SPOKANE COUNTY LIBRARY DISTRICT

SCLD's <u>Memory Cafés</u> are a welcoming space for both caregivers and people experiencing memory loss to connect with others, while also socializing and building new support networks. Activities include music, crafts, and more.

Dementia Friends educators present several <u>dementia programs</u> for those looking to gain more information about dementia, for caregivers, and for those who want to volunteer to help make Eastern Washington more dementia friendly.

Expert career coaches from WorkSource Spokane are available during <u>WorkSource Drop-In Help</u> at Spokane Valley Library to provide help with refining resumes, enhancing job-search strategies, and exploring future career opportunities.

Small Business

Start building a new business with the help of a SCORE business mentor, during <u>How to Start a Business</u>. Go over business startup considerations, including questions about legal issues, taxes, insurance, funding, and more.

Find all SCLD programs on the event calendar at scld.org/events.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit scld.org or call 509.893.8200.

###