

SPOKANE COUNTY LIBRARY DISTRICT

May library events include gardening, chess, chocolate, health and wellness

Spokane, WA | April 17, 2025 – Spokane County Library District (SCLD) announces its calendar of May events for adults, businesses and entrepreneurs, teens, kids, and families.

For Adults

Celebrate Asian American and Pacific Islander Heritage Month with the <u>Asian Health & Wellness</u> <u>Cultural Festival</u> for all ages. The festival features acupuncture and herbal medicine, interactive demonstrations of martial arts, yoga, a cooking demonstration, and dance performances.

The May lineup for the <u>SCLD Online Authors Series</u> brings engaging author talks with <u>Dr. David H.</u> <u>Rosmarin</u>, <u>Liann Zhang</u>, and <u>Rachelle Bergstein</u>.

Explore a sweet experience on Mother's Day during <u>Chocolate Tasting & Book Pairing</u>, with treats provided by Halletts Chocolates.

Those eager to dig in their gardens may be interested in a <u>Starter Plant Swap</u> at three of our libraries and the potentially delicious program <u>Edible Native Plants & How to Grow Them</u>.

History enthusiasts could find a plethora of knowledge during two presentations in May: <u>How Do They</u> <u>Know? Major Findings about the Ice Age Floods</u> and <u>Hutton Settlement: Then & Now</u>.

Spanish-speaking library customers can sign up to explore the written word during **Palabras que sanan**: **Un taller de escritura en español / Words That Heal: A Writing Workshop in Spanish**.

Caregivers of those experiencing memory loss can stop by a <u>Memory Café</u> at North Spokane and Spokane Valley Libraries, and at <u>Dementia programs</u> for everyone, including those who would like to become volunteer educators.

Discover even more programs for adults on our event calendar.

For Businesses & Entrepreneurs

In May, the online SCORE Spokane workshop helps businesses, entrepreneurs, and startups learn <u>How</u> to Market to Smartphone Audiences with Social, Email & Text. For anyone looking to make a significant change that sticks, the online author talk <u>Reset: How to Change What's Not Working with Author Dan</u> <u>Heath</u> is a must see.

For Teens

Learn how to share your perspective, insights, and ideas online during the <u>Teen Podcasting Workshop</u> for teens 13–17. Explore the world of 3D printing during the workshop <u>3D Printing: Custom Flexible</u> <u>Bookmarks</u> for teens and adults. Both require registration.

Find additional programs for teens on our event calendar.

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For Kids & Families

Kids can grow their knowledge of plants and their lifecycles while digging into some dirt during **Gardening for Kids**, for those in grades K–5.

The <u>Chess Moves & Checkmates</u> event is hosted by SCLD's <u>Teen Leadership Council</u> and offers a look at this strategic game for anyone age 10–14, whether new to chess or already on the way to becoming a grandmaster.

Kids and families can explore <u>all our STEAM workshops and other engaging programs on our event</u> <u>calendar</u>.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit <u>scld.org</u> or call 509.893.8200.

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